



ST. PETERSBURG

## Fitness Center Rates

	USF Students	USF Community Faculty, Staff, Alumni, Associates	General Public
<u>Fitness Center</u> (includes use of Coquina Pool)			
Annual Membership		\$200	\$300
6-Month Membership		N/A	\$175
Semester Membership	FREE!	\$80	N/A
Monthly Membership		\$25	N/A
DayPass (includes 1 class)		\$6	\$8
Membership Card		\$10	\$10

<u>Fit-4-Life Classes</u>			
DayPass		\$6	\$8
Boot Camp	FREE!	\$75	\$100
Cardio & Core	FREE!	\$50	\$75
Kickboxing	FREE!	\$50	\$75
Pilates	FREE!	\$75	\$100
All Individual Yoga Classes	FREE!	\$50	\$75
Shoto Kan Martial Arts	FREE!	FREE!	FREE!

### Intramural Sports

All USF Students and USF Community Members who are members of the Fitness Center play for free!

<u>Public and Non-Member Rates</u>	Player	Team
7 vs. 7 Flag Football	\$20	\$100
Outdoor Soccer	\$20	\$100
3 vs. 3 Basketball	\$20	\$60
4 vs. 4 Sand Volleyball	\$20	\$60
Team Swimming	\$10	\$30

Campus Rec Softball Team \$30\*\*  
(played at Woodlawn Park) \*\*required for ALL players

### Fitness Center Hours

Monday-Thursday	7am-10pm
Friday	7am-6pm
Saturday	9am-5pm
Sunday	1pm-5pm

### Contact Information

Front Desk	727-873-4589
IM/Fitness Coordinator	727-873-4202



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